



Carol Burger  
CLTS Mentor

#### PROFESSIONAL PROFILE:

Carol Burger brings over two decades of healthcare experience and a deep passion for supporting children and families through life's challenges. Originally from Hudson, Wisconsin, where she successfully raised three children, Carol relocated to Chippewa Falls in January 2020, where she met and married her husband nearly two years ago.

#### AREAS OF EXPERTISE:

With 22 years of dedicated healthcare experience, Carol has cultivated a genuine love for working with, helping, and guiding children through all aspects of life. Her extensive background in healthcare, combined with her personal experience as a mother and grandmother, provides her with unique insights into the complexities families face when navigating mental health and recovery challenges.

Carol's approach is grounded in empathy, understanding, and practical wisdom gained through both professional practice and lived experience. She specializes in creating supportive environments where children and families feel heard, understood, and empowered to overcome obstacles together.

#### PERSONAL FOUNDATION:

As a devoted grandmother to five grandchildren who live just a few houses away, Carol understands firsthand the importance of strong family connections and community support.

This proximity allows her to maintain active involvement in their lives while bringing authentic perspective to her work with other families.

Her commitment to family extends beyond her immediate circle, as she approaches each client relationship with the same care and dedication she provides to her own loved ones.

#### PERSONAL INTERESTS & BALANCE:

Carol believes in living life to its fullest and brings this positive energy to her professional work. She enjoys baking, entertaining friends and family, traveling to new destinations, and engaging in word games and board games. Her love for hiking keeps her connected to nature, while pool parties and family gatherings reinforce her belief in the power of community and connection.

These diverse interests allow Carol to connect with clients on multiple levels, finding common ground and building rapport through shared experiences and hobbies.

#### SERVICES OFFERED:

- Individual peer support sessions
- Family-centered guidance and support
  - Parent peer mentoring
- Community-based recovery support
- Trauma-informed care approaches

Carol's unique combination of extensive healthcare experience, personal parenting journey, and genuine commitment to helping others makes her an invaluable resource for families seeking compassionate, effective support during challenging times.